

This document is required for all coaches and trainers participating in interschool (including District 4/10) sporting events.

I am committed to maintaining a safe learning environment. I will:

- review and adhere to the OPASSE safety standards for physical activity and concussion, as they apply to my sport prior to taking on the responsibility as coach/trainer
- check the equipment and facilities, take necessary precautions, and bring potential hazards to the attention of the students
- provide and maintain a safe learning environment for my students and uphold a culture of safety-mindedness
- inform students and their parent/guardian (if student is under the age of 18) about the risks of a concussion or other potential injuries associated with the sport and ways to minimize those risks

I am committed to fair play and respect for all. I will:

- demonstrate a commitment to fair play and will respect my students, opponents, officials, and spectators
- not pressure a student to participate in practices or games/competitions if they are injured

I am committed to teaching the rules of a physical activity. I will:

- teach students the rules of the sport and will provide instructions about prohibited play
- will strictly enforce, during practice and competition, the consequences for prohibited play
- accept and respect the decisions of the officials and the consequences for any prohibited play

I am committed to implementing the skills and strategies of an activity in a proper progression. I will:

- instruct students in training and practices using the proper progression of skills and strategies of the sport
- encourage students to ask questions and seek clarity regarding skills and strategies they of which they are unsure

I am committed to concussion recognition and reporting. I will:

- provide opportunities by creating an environment for student discussions/conversations related to suspected and diagnosed concussions, including signs and symptoms, questions, and safety concerns, throughout the day, including before and after practice and competition
- emphasize the seriousness of a concussion to my students along with outlining the signs and symptoms of a concussion
- provide instructions to students about the importance of removing themselves from the sport and reporting to coach or trainer if they have signs or symptoms of a concussion, and the importance

of informing the coach or trainer if they suspect a teammate may have a concussion

- immediately remove from play, for assessment, any student who receives a jarring/significant impact to the head, face, neck, or elsewhere on the body and adhere to the board's concussion protocol prior to allowing return to physical activity

I am committed to acknowledging the importance of communication between the student, parent, school staff and any sport organization with which the student is registered. I will:

- support and adhere to a process for communication to take place between myself and the student, parent/guardian, and relevant school staff
- promote the importance of communication about a suspected or diagnosed concussion between the student, parent/guardian, and all sport organizations with which the student has registered.

I am committed to supporting the implementation of a Return to Learn/Return to Activity Plan for students with a concussion diagnosis.

- I will support the implementation of the Return to Learn/Activity Plan for students with a diagnosed concussion.

I am committed to prioritizing a Return to Learn Plan for students with a concussion diagnosis.

- I understand the need to prioritize a student's return to learning as part of the Return to Learn/Activity Plan
- I will follow the Return to Learn/Activity Plan and make sure a student diagnosed with a concussion does not return to training, practice, or competition until permitted to do so

As mandated by Rowan's Law and board policy, every coach and trainer is required to confirm they have reviewed the board's Concussion Code of Conduct above and a Government of Ontario Concussion Awareness Resource.

Concussion Awareness Resource (*available at <https://www.ontario.ca/page/rowans-law-concussion-awareness-resources>*)

- [Ages 15 and over](#)

By signing here, I acknowledge that I have fully reviewed a Rowan's Law Concussion Awareness Resource and commit to the board's Concussion Code of Conduct above.

Coach or Trainer Name: _____

Coach or Trainer Signature: _____ Date: _____

This information is collected under the authority of the *Education Act* and in accordance with the *Municipal Freedom of Information and Protection of Privacy Act*. This information is collected as part of the board's commitment to student safety and compliance with *Rowan's Law*. This form will be securely stored and retained in accordance with the board's records retention schedule. Questions about this collection should be directed to the school principal.